

## **Relationship and Sex Education at Torre**

At Torre Church of England Academy we recognise the importance of Relationship and Sex Education as part of the SMSC curriculum, underpinned by children feeling safe and happy at school.

We teach based on the Christian teachings of love, forgiveness and reconciliation and, spiritual awareness, within a framework of Christian values and the Christian understanding that sex is a gift of God as part of creation. Whilst teaching this area of our curriculum we do this with regard to matters of morality and individual responsibility, and in a way that allows children to ask and explore moral questions. Sensitivity and respect will be shown to all children and we will ensure that there is no stigmatization of children based on their home/ personal circumstances. Children are encouraged to celebrate and discuss the diverse nature of the family they come from.

## **What is Relationship and Sex Education**

The objective of relationship and sex education is to help and support young people through their physical, emotional and moral development. We aim to embed Relationship and Sex Education within the SMSC curriculum to ensure that our curriculum has a balance between:

- knowledge and understanding
- feelings, attitudes and values
- personal beliefs and social skill development

For information about what is taught in the different year groups, please see our policy.

Attached is also information to support you in talking to your children.